

Preseason Training Camp

Camp Date: November 12th-13th

Location: Avera Sports Center (85th & Minnesota)

Preseason Training Camp

The Warwick Workout Pre-Season Training Camp is designed for players looking to enhance and expand their skill set before the upcoming season. Warwick Workout trainers will work with players to excel in their respective positions through intense instruction and game speed drills. Advanced ball handling skills are incorporated throughout the camp. The Pre-Season Training camp will focus on all aspects of shooting and scoring through various drills designed to get you ready for the start of your basketball season!

- Perimeter moves currently used by college and NBA players
- Shooting instruction and development
- Creating space to score
- Finishing at the rim
- Footwork and shot preparation
- Game speed preparation

9th-12th Grade Boys/Girls

Sat. 11/12	10am-12:00pm
Sun. 11/13	-
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Cost: \$75

6th-8th Grade Boys/Girls

Sat. 11/12	12:30-2:30 pm
Sun. 11/13	3:00-5:00 pm

Cost: \$75

3rd-5th Grade Boys/Girls

Sat 11/12	3:00-4:30 pm
Sun. 11/13	1:00-2:30 pm

Cost: \$65

Improve your SKILLS with before the season starts!

Each athlete receives a Warwick Workout T-shirt & Custom Elite Socks

Register Online @ www.WarwickWorkouts.com

Find the Camp Session under the **REGISTER HERE** tab.

Payment can be accepted at the time of registration.

For more information, visit our website at WarwickWorkouts.com or contact us at warwickworkouts@gmail.com



